

SALTS IF BACKACHE AND KIDNEYS HURT

DRINK LOTS OF WATER AND
STOP EATING MEAT FOR A
WHILE IF YOUR BLADDER
TROUBLES YOU.

When you wake up with backache and dull misery in the kidney region it generally means you have been eating too much meat, says a well-known authority. Meat forms uric acid which overworks the kidneys in their effort to filter it from the blood and they become sort of paralyzed and loggy. When your kidneys get sluggish and clog you must relieve them, like you relieve your bowels; removing all the body's urinous wastes. else you have backache, sick headache, dizzy spells, your stomach sour, tongue is coated, and when the weather is bad you have rheumatic twinges. The urine is cloudy, full of sediment, channels often get sore, water scalds and you are obliged to seek relief two or three times during the night.

Either consult a good, reliable physician at once or get from your pharmacist about four ounces of Jad Salts; take a tablespoonful in a glass of water before breakfast for a few days and your kidneys will then act fine. This famous salt is made from the acid of grapes and lemon juice, combined with lithia, and has been used for generations to clean and stimulate sluggish kidneys, also to neutralize acids in the urine so it no longer irritates, thus ending bladder weakness.

Jad Salts is a life saver for regular meat eaters. It is inexpensive, cannot injure and makes a delightful, effervescent lithia-water drink.

Rev. P. C. Wright Makes Favorable First Impression.

Rev. Dr. Peter C. Wright, formerly of Norwich, newly appointed pastor of the Asylum Avenue Baptist church, Hartford, spoke for the first time at that church, Sunday. His subject was, "A Definitely Directed Dedication." This sermon was finely done, and gave evidence of much careful and scholarly thought, the Hartford papers say, and quote Rev. Mr. Wright as follows:

"The world has a sober mind today. This is a supreme moment of opportunity for advancing the Kingdom of God, because men everywhere are thinking upon the things of destiny. The men in the world's great training camps are willing to pause and consider a manly presentation of Christian themes. They are thinking upon human destiny. The mighty east has discovered that its ancient philosophies do not meet the demands of modern times. Its people are reaching out after the teachings which satisfy the needs of life. The council which at present is sitting in Petrograd is filled with serious purpose. Fishermen from the Lena river; cattlemen from the Crimea; the better educated from Petrograd, are sitting through long hours to discuss matters of the greatest importance, where men are concerned with great things related to human welfare."

Chester—The local Red Cross have made and sent to drafted men from Chester hand-made sweaters and bow length wristlets. Several women have worked hard to get the articles ready so the men could have them before they left for parts unknown.

FOOD SOURING IN STOMACH CAUSES INDIGESTION, GAS

"PAPE'S DIAPESPIN" RELIEVES
STOMACH DISTRESS IN
FIVE MINUTES.

Wonder what upset your stomach— which portion of the food did the damage—do you? Well, don't bother. If your stomach is in a revolt; if sick, gassy and upset and you just eat what has fermented and turned sour; head dizzy and aches; belch gases and acids and eructate undigested food; breath foul, tongue coated—take a little Pape's Diapiespin to help neutralize acidity and in five minutes you wonder what became of the indigestion and distress.

Millions of men and women today know that it is needless to have dyspepsia. A little Diapiespin occasionally keeps the stomach sweetened and they eat their favorite foods without fear. If your stomach doesn't take care of your food, it's a damage instead of a help, remember the quickest, surest, most harmless relief is Pape's Diapiespin, which costs only fifty cents for a large case at drug stores. It's truly wonderful—it stops fermentation and acidity and sets things straight, so gently and easily that it is really astonishing.

WOMEN OF MIDDLE AGE

Mrs. Quinn's Experience
Ought to Help You Over
the Critical Period.

Lowell, Mass.—"For the last three years I have been troubled with the change of life and the bad feelings common at that time. I was in a very nervous condition, with headaches and pain in a good deal of the time so I was unfit to do my work. A friend asked me to try Lydia E. Pinkham's Vegetable Compound, which I did, and it has helped me in every way. I am not nearly so nervous, no headaches or pain. I must say that Lydia E. Pinkham's Vegetable Compound is the best remedy any sick woman can take."

—Mrs. MARGARET QUINN, Rear 259 Worthen St., Lowell, Mass.

Other warning symptoms are a sense of suffocation, hot flashes, headaches, nervousness, dizziness, impending evil, timidity, sounds in the ears, palpitation of the heart, sparks before the eyes, irregularities, constipation, variable appetite, weakness, inquietude, and dizziness.

If you need special advice, write to the Lydia E. Pinkham Medicine Co. (confidential), Lynn, Mass.

WAR DEPARTMENT'S COMPLETE PLANS

Announced in Orders Issued to the Various Commanders—
Shortage of Men in the Three National Guard Divisions
in the South Has Made Necessary a Readjustment of the
Forces at Fifteen of the Sixteen Cantonnments.

Washington, Oct. 9.—Orders issued today to commanders of national army cantonnments disclose for the first time the war department's complete plans for the training and organization of the first half million men of the national army.

Shortage of men in the three national guard divisions in the south has made necessary a readjustment of the forces at fifteen of the sixteen cantonnments. The geographical complexity of three national army divisions will be changed entirely as a result of General Bliss' chief of staff, issued this explanation.

The Explanation.
"The selected men that are now being gathered into the 16 national cantonnments will be used to form the first force of 500,000 men authorized in the act of congress approved May 13, 1917, and to fill up the national guard divisions to the maximum strength of the new organization. The balance of the 673,000 men selected will be used to supplement the voluntary enlistments for the special and technical troops that are such an important part of the organization of a modern army. It is expected that the voluntary enlistments for the regular army will be enough to keep that branch of the nation's forces filled up to strength without transferring men to it from this first selection for the national army."

The force of 500,000 men will be organized into sixteen white divisions and one colored division. One white division will be organized at each of the 16 national army cantonnments and the units of colored divisions will be organized at various cantonnments where the number of colored troops is sufficient to organize a divisional unit.

Not to Concentrate Colored Men.
"Instead of concentrating all of the colored men in the few cantonnments of the southern states, the policy of the war department will be to distribute them more or less evenly throughout all of the sixteen national army cantonnments."

"In the southern states, whose quotas go to the cantonnments at Columbia, S. C., Atlanta, Ga., and Little Rock (Camps Jackson, Gordon and Pike), the number of white men required to fill up the national guard divisions furnished by those same states is so great and the proportion of colored to white in the populations of those states is so great, that it has been found physically impossible to organize three national guard and three national army divisions at full strength from the white quotas of these states, and therefore the war department has decided to take all of the white men from these states, both national guard and national army, and organize them into four full strength divisions (three national guard and one national army). This national army division will be organized at Camp Jackson from the men left over at Camps Jackson, Gordon and Pike after the three national guard divisions (30th, 31st and 32nd) have been filled up to strength."

National Army Division.
"At Camp Gordon, after its white quota has been transferred to the national guard and to Camp Jackson, there will be organized a national army division made up of surplus white men drawn from Camps DeWitt, Upton, Dix, Meade and Lee; and at Camp Pike, after its white quota has been transferred to the national guard and Camp Jackson, there will be formed a national army division made up of surplus white men drawn from Camps Sherman, Custer, Grant, Taylor, Dodge, Funston and Travis."

This plan, though somewhat different from the one originally adopted by the war department of forming a complete national army division composed exclusively of men from each of the 16 national army areas, is in full compliance with the spirit of the law of May 13, because under it each white national army division still represents a distinct geographical area, the one at Camp Jackson being made up entirely from the white men of the extreme southern states, the one at Camp Gordon being made up entirely from the surplus white men of the extreme eastern states and the one at Camp Pike being made up entirely from the surplus white men of the great middle western section. On the other hand the colored divisions will be made up of representatives from every part of the nation and will be a truly national division.

"Also under this plan it is possible

to fill each national guard division with men drawn from the same geographical area, from which the national guard division is drawn."

Seventeen Divisions.
The new plan adds a division to the national army organization, making 17 divisions in that force to supplement the 17 national guard divisions. The negro division probably will be designated as the 32nd division national army. It will be mobilized as a division only when ordered to France for duty. This force will be the largest fighting force of negro troops in the army and the majority of its officers will come from the negro officers' training camp at Des Moines, Iowa.

The division will take in nearly 30,000 of the 33,000 negroes registered under the draft law, there will be organized in addition, however, service units for work behind the lines. Orders were published today authorizing 24 of these, to be raised by voluntary transfer of drafted men or voluntary enlistment from civil life. It has been stated that 250,000 men must be sent abroad for this purpose.

Supplementing General Bliss' explanation, the department issued a summary of orders governing the allotment of quotas of negro drafted men to the cantonnments. With the exception of Camps Jackson, Gordon, Pike and Travis, each cantonnement will accommodate all of the negro quotas from the states from which its white troops are drawn. Supplemental assignments of colored contingents to these camps have been made as follows:

Camp Upton, Yaphank, N. Y., its own supplemented by Porto Rico quota, 5,800; Camp Dix, Wrightstown, N. J., its own supplemented by Florida quota, 4,500; Camp Meade, Annapolis Junction, Md., its own supplemented by Tennessee quota, 6,100; Camp Sherman, Chillicothe, Ohio, its own supplemented by North Carolina quota, 7,200; Camp Dodge, Des Moines, Ia., its own supplemented by Alabama quota, 6,800; Camp Gordon, Fort Riley, Kas., its own supplemented by Mississippi quota, 3,800.

Among the cantonnments which will take only their own, or part of their own negro quotas are:

Camp Devens, Ayer, Mass., about 600; Camp Lee, Petersburg, Va., 6,200; Camp Jackson, Columbia, S. C., 5,900 (South Carolina); Camp Gordon, Atlanta, Ga., 3,000 (Georgia).

PUTNAM

(Continued from Page Nine)

Southwick, extension agronomist of the Connecticut Agricultural College, and County Agricultural Agent B. W. Ellis, the following rules and regulations were adopted, also the following tentative premium list.

Rules and Regulations.
Any resident of Windham county is eligible to exhibit.
Exhibits must be grown by the exhibitor and must in all cases be from 1917 crop, except corn meal and its products.
No exhibitor shall make more than one entry for a given premium or receive more than one premium for the same entry, except in a sweepstake class.

All exhibits shall be marked by the authorized entry blank and nothing else until after all judging is done. After the judging cards showing growers' name and information about the seed may be displayed.
If exhibits are shipped they should be carefully packed and directed to B. W. Ellis, Putnam.

All exhibits are staged at the owners' risk. The officials assume no responsibility for errors, mistakes, damage, or loss, although every possible precaution will be taken to avoid these difficulties.
The exhibitor is responsible for the removal of his exhibit. If he pushes it returned, arrangements with the superintendent must be made in writing.
All exhibits not removed by the superintendent or exhibitor at the show will be disposed of at the discretion of the officials.
The judges' decision will be final in all cases.
Any exhibitor interfering with or hindering a judge in the performance of his work shall be absolutely barred from competition.
The right to make necessary changes in the rules and regulations or in the premium list is reserved by the officials.

Premium List.
Section I.—50 ear exhibits.
To be judged on seed condition, appearance, and germination test (if possible). This requires that these exhibits be received 10 days in advance of the show. The box showing the germination should be placed with the exhibit.

Class I. Flint Corn. 1st, pig. Section II. Dent Corn. 1st, pig. Class I. 10 ear exhibits.
Class 1. Yellow Flint. Lot A, small, 6 to 9 inches, 1st, \$3.00; Lot B, large, over 9 inches, 1st, \$3.
Class 2. White Flint. Lot A, small, 6 to 9 inches, 1st, \$3; Lot B, large, over 9 inches, 1st, \$3.
Class 3. Flints not yellow or white. Lot A, small, 6 to 9 inches, 1st, \$2; Lot B, large, over 9 inches, 1st, \$3.
Class 4. Small Dents. Under 8 inches, 1st, \$3. Any color.
Class 5. Large Dents 8 inches or over, 1st, \$3. Any color.
Class 6. Pop Corn. All types to be judged one-half on seed condition and appearance, and one-half on bulk, flavor and appearance when popped, 1st, \$2.
Class 7. Sweet Corn. Any size and color, 1st, \$2.
Section IV. Sweepstake.
Sweepstake prize is suggested for Section II. (10 ear exhibits).
Section V. Shelling-out Contest.
Requires 40 lbs. 1917 crop on the ear, not artificially dried, 35 lbs. (at random), is to be officially shelled. Contestant wins who has greatest weight of shelled corn from 35 lbs. ears. Any color or variety, 1st, \$5; 2nd, \$3.

Section VI. Small Grains.
Class 1.—Peck of Oats, 1st, \$2.
Class 2.—Peck of wheat, 1st, \$2.
Class 3.—Peck of rye, 1st, \$2.
Class 4.—Peck of barley, 1st, \$2.
Class 5.—Peck of buckwheat, 1st, \$2.
This is issued in order that farmers may have an opportunity to become acquainted with the different classes of exhibits under which corn can be entered. So far as possible, prizes will be awarded as indicated, and if money is available, second prizes will be arranged for.
In regard to prizes, up to the present time twenty-five dollars has been

Womens' Week

At "The Store of Better Values"
Many Special Offerings

Our Woman's Department is ready with the latest and best in new fall apparel—values that stand out in bold relief to merchandise offered elsewhere, for this is woman's week at this store.

JUST SAY:
"CHARGE IT!"

SUITS

Including a variety of materials and colors—styles that are absolutely authentic.

\$15 to \$35

CLOTHING
ON CREDIT

COATS

The very latest thing—correct in style and making—and price, too.

\$10 to \$35

DRESSES

Including dresses for every function, in a variety of colors and materials.

\$10.00 to \$27.50

An open account here will prove a real convenience. We invite your patronage on this basis.

WAISTS

98c to \$5.50

Open An Account

THE BRENNAN STORE

GATELY & BRENNAN

29-31 SHETUCKET STREET

SKIRTS

\$1.50 to \$10

No "Collectors"



LADIES' TRIMMED HATS

Creations of the smartest New York milliners—just received and priced at about one-half usual charge elsewhere.

\$4.00 to \$10.00



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CASTORIA

For Infants and Children
In Use For Over 30 Years
Always bears the Signature of *Chas. H. Fletcher*

placed in the hands of the committee for the Home Economics section, and pure-bred Berkshire pigs by Joseph Baker of North Grosvenordale and Stanton D. Wicks of Pomfret. Communications are to be addressed to B. W. Ellis, Putnam.

Home Economics Contest.
The Home Economics section will arrange for a contest to show the use of cornmeal as a food. If funds or articles can be secured, premiums will be offered for the following:
I. Cornmeal Mush Dishes: 1, with cheese; 2, with meat or fish.
II. Cornmeal Quick Breads: 1, with eggs; 2, without eggs; 3, with sour milk; 4, with sweet milk.
III. Corn Meal Yeast Bread.
IV. Corn Meal Puddings: Indian pudding, cornmeal and apple.
V. Cornmeal cakes.
VI. Best collection of six different dishes made with corn meal. Each dish should have a label containing the recipe and the cost.

Unclaimed Mail.
Letters unclaimed at the Putnam post office are: William Allard, Mr. Gulezinski, J. J. Hickie, L. A. Lynch, Geo. Russell, Albert Vincent, William Wheeler, Miss Mildred Adams, Miss Elsie Baker, Mrs. Hetchel.

FIRE INSURANCE MEN

TO REDUCE HAZARD
Conservation Association Organizes
as War Measure—Encouraged by Council.

At a meeting of special agents and inspectors representing every fire insurance company doing business in Connecticut, held at the state capital in Hartford, the conservation association of Connecticut was formed. This new organization is to make a special war inspection of property under the authority of the council of defense and the state, and is headed by S. C. Avery of Hartford, Chairman. Richard M. Disoll of the Connecticut state council of defense, Governor Marcus H. Holcomb and Insurance Commissioner Burton Mansfield were speakers at the organization meeting. Inspection by the members of the

association will be, strictly a war measure for conservation of the nation's resources for the nation's protection. The inspectors will not mention insurance. Owners of buildings will be advised of possible changes which would reduce the fire risk.

POSTERS ARE READY FOR BULLETIN BOARDS

First of Regular Series to Be Mailed at Once.

The first poster of the regular series which the Connecticut State Council will prepare for use on the bulletin boards erected by town committees throughout the state is now ready for mailing and will go out from the council's office in Hartford at once. It outlines the Pan-German scheme of empire and the present near-realization of that dream, showing that peace on the basis of the present military and political situation would be a colossal German victory.
A plan has been devised so that the

posters on all boards will be identical at all times. There will be a main board at the council's office in Hartford, and with each poster sent out will be sufficient instructions telling how it should be placed on the board.

The Committee on Food Supply and Conservation, to fill the gap between the time of erection of some of the bulletin boards and the shipment of this first material has, at the request of the council, sent out some of its posters for use on the boards. In putting up the new posters, these are to be carefully removed and placed near the bulletin boards because they are of permanent value. In the past, when the new posters, these are to be removed and placed near the bulletin boards, material prepared for by the food supply committee will, of course, be included with the posters of other committees of the council.

This work of filling orders for knocked-down bulletin boards is going on rapidly at the factory in Middletown where they are made. Orders have come in very rapidly and for a time it was impossible to get the bulletin boards out as rapidly as the orders have been received. Shipments of bulletin boards should be caught up with the orders within a week.

Canada's wheat surplus which is to be exported is valued at \$350,000,000.

When Tired and Nervous

If the end of the day finds you weary or irritable, with aching head and frayed nerves, you need something to tone and strengthen the system.

BEECHAM'S PILLS

are a remedy which quickly helps in restoring normal conditions. They act on the stomach, liver and bowels, and so renew the strength, and steady the nerves. A few doses of these world-famed family pills will

Bring Welcome Relief

Directions of Special Value to Women are with Every Box Sold by druggists throughout the world. In boxes, 10c, 25c.